



Equestrian Sport Ready  
Safe Sport Resumption  
COVID-19

# DETAILS OF SPORTS BODY

## Details of Sports Body

**National Federation:** South African Equestrian Federation  
**Address:** 29 Macintyre Road Glenferness, Kyalami  
Johannesburg  
**Contact Number:** 011 468 3236/7  
**NPO Number:** NPO-071-702

## Details of the Public Officer for the Sporting Body

**Secretary General:** Sharlene Venter  
**Email Address:** [saefsg@saef.org.za](mailto:saefsg@saef.org.za)

## Details of Safety Officer

**Name:** Sharlene Venter  
**Email address:** [saefsg@saef.org.za](mailto:saefsg@saef.org.za)  
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# COMPLIANCE

The SAEF confirms that it will comply with guidelines for Quarantine and Isolation in relation to Covid-19 exposure and infection issued by the Department of Health as can be seen in the document below.

The SAEF is not involved in any transport for any athletes, or supports staff. All athletes of the SAEF will comply individually to all Directions as issued by the Minister of Transport.

Screening and Testing of all athletes, support staff, officials and attendees will be done upon entry at venue.

Disinfection and cleaning of all venues will be done before events start.

All control measures as per the Government Gazettes will be put in place as per document below.

All athletes, support staff and attendees will complete self screening questionnaire forms as per below document, to ensure efficient contact tracing where necessary.

The SAEF will appoint a compliance officer, as will the SAEF's Disciplines and Showholding Bodies and Venues.

The SAEF has appointed an accredited risk assessor who will conduct an online course for all our Compliance Officers and Officials, the outcome will be a certification.

The SAEF wish to commence with Training and Shows from 1 July 2020 at the various venues in Chapter 4.

Only athletes, support staff and officials under the age of 60 with no comorbidities will be allowed to participate.

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# Chapter 1

## Introduction

The South African Equestrian Federation (SAEF) is the national governing body for all equestrian sports in South Africa. SAEF governs the official relations with the International Federation for Equestrian Sports (FEI), with its affiliation established since 1947. The SAEF is registered with SASCOC as the officially recognised Equestrian Federation. The commitment to success is encouraged at every level of the sport and over the 19 disciplines affiliated with the SAEF.

The equestrian sports industry is ready to resume safe and controlled sport and rebuild the losses incurred for the entire equestrian community.

**We believe Equestrian Sport lends itself to physical separation and this coupled with environmental sanitation and good hygiene should enable us to reduce the likelihood of transmission of Covid-19.**

**In anticipation of some relaxation in the lockdown controls, we have developed an initial protocol to address the public health threats due to Covid-19 that would be present at an equestrian venue when training sessions or competitions are taking place.**

**We would like our Equestrian Federation to be considered to be permitted to resume its various activities in a controlled and responsible manner.**

In developing this submission the SAEF took in consideration the World Health Organisation Interim guidance 14 April 2020. "Considerations for sports federations/sports event organizers when planning mass gatherings in the context of COVID-19". The guidance sets out the key issues and mitigation options for sporting federations to consider when planning a sporting event. <https://www.who.int/publications/i/item/considerations-for-sports-federations-sports-event-organizers-when-planning-mass-gatherings-in-the-context-of-covid-19-interim-guidance>

In the context of the WHO guidance the following should be noted:



**EQUESTRIAN SPORT IS DEEMED LOW RISK**



**EQUESTRIAN SPORTS ARE NON-CONTACT SPORT**



**EQUESTRIAN SPORT DOES NOT ENJOY LARGE AMOUNTS OF SPECTATORS & IS MAINLY PARTICIPANT & SUPPORT TEAM BASE**



**EXCLUSIVELY AN OUTDOOR SPORT**



**SPECIFIED EQUESTRIAN VENUES – PRIVATELY OWNED WHICH WILL COMPLY WITH DEPARTMENT OF HEALTH GUIDELINES**



**RISK COMMUNICATION IS A PRIORITY AND UNDERTAKEN BEFORE, DURING AND AFTER EVENTS**



**CONTACT TRACING CAN BE SWIFTLY UNDERTAKEN**



**MITIGATION MEASURES, WE HAVE RISK ASSESSED OUR SPORT, TO IDENTIFY SOCIAL DISTANCING ISSUES, AND PUT IN PLACE A MITIGATION PLAN TO REDUCE THE RISKS OF CONTACT, AND AN APPROPRIATE PROGRAMME FOR CLEANING AND DISINFECTING**

The equestrian sector is cognisant of the major public health threat posed by the Covid19 pandemic and the importance of the lockdown measures to reduce transmission of the virus. We realise that South Africa may have to live with this virus for many months, or longer, and there will have to be a new norm for doing business and for social interactions. In preparation for when the public health experts deem the time is right to relax some of the controls the sector has been exploring how equestrian sport could be resumed in a modified way so that the protection of public health would not be compromised.

We realise that person to person transmission through close contact, and environmental contamination with viral laden droplets, are the main contributing factors to viral transmission.

Our athletes, both human and equine, need to compete at least once a month to keep a routine and maintain competition fitness. Like any athlete the longer they miss the competition environment the more difficult it is to perform at the highest level and the greater the risk of injury.

## **SUGGESTED PROTOCOLS**

It will be made clear at the time of entry that any person displaying symptoms associated with Covid- 19 (Fever, Cough, Shortness of Breath or Breathing Difficulties), people who have been in close contact of a confirmed case, people who are considered in a high-risk group, or those caring for somebody in a vulnerable category should not attend.

The new norm will involve greater segregation and physical separation than ever before. As a result the events will have to be smaller and, to maintain separation, will have to run slower.

Infrastructural changes will be required to judges boxes, toilets, carparks, seating areas etc to ensure physical separation is possible but also simple to comply with.

There will be no tolerance of non-compliance and everyone will receive instructions with their entry to inform them of what will be required of them. Any individual found in breach of the guidelines will be asked to leave and will be barred from participation at future events.

This submission is a result of extensive consultation and valuable input from our various disciplines. Each discipline has different ways in holding shows or events, but with stringent discipline specific guidelines can all operate within the same structures and protocols.



## Chapter 2

### The Welfare of the Horse

Equestrian sport consists of a rider and then the very important second athlete, the horse. The welfare of our horses is paramount. The SAEF is recognised by the Fédération Equestre Internationale (FEI) which places major emphasis on ensuring the health and welfare of horses at all times.

All stakeholders are very cognisant of the need for horses welfare managed carefully which includes access to regulated activity and competition throughout the season. Competitive horses need shows and events and in order to ensure appropriate levels of training are measured, athletes and their instructors need access to quality-controlled events.

The SAEF is concerned that due to the cancellation and cessation of activity, owners and athletes have horses in light exercise type work and in most circumstances have significantly disrupted the training cycle for 2020 and ultimately impacts upon equine welfare. As such, it is imperative that competition is resumed to ensure that any welfare concerns of horses not in full training, are mitigated.





# Chapter 3

## Priorities on returning to sport, key advantages of Equestrianism

### INTRODUCTION

Equestrianism in South Africa supports approximately 80,000 jobs in the sport horse sector. Notwithstanding the economical aspect to our sport, equestrianism enjoys three Olympic Disciplines and one Paralympic discipline. South Africa will be represented at the Olympic Games in Tokyo 2021.

Furthermore, the intrinsic link between breeding and sport elements of the sector requires producers and domestic athletes to have access to regulated activity to ensure the timely production of their young horses in the crucial stages of the training and development cycle.

### KEY FEATURES OF EQUESTRIANISM IN THE CONTEXT OF COVID-19 SAFE SPORT



## OUTDOOR ACTIVITY

In South Africa, equestrian sport is an outdoor activity with events taking place in large open air specified facilities across the country. The primary reasons are the following:-

- To ensure sufficient space for equines to congregate with optimal biosecurity for animal health and safety of athletes and patrons;
- Equestrian Disciplines are required to take place in large arenas as per the discipline rules and regulations;
- Equines are transported in horseboxes and trucks which require sufficient space and ample parking to allow safe unloading and loading of equines at events.



## SOCIAL DISTANCING

Equestrian Sport is a non-contact sport. It involves a horse and rider as a combination, either competing in the competition arena or warm-up arena. Furthermore, there is no sharing of equipment between athletes or sharing of transportation.

Therefore, the protocols are applicable to all these equestrian disciplines. Furthermore, while mounted [on horseback] social distancing is required as horses need to keep a safe distance from each other to avoid accidents from striking or kicking.



## GATHERINGS

South African equestrian events do not enjoy a large spectatorship attendance in comparison with other sports, with the exception of an event such as the SA Derby, which has not been confirmed for 2020. The equestrian events held nationally, regionally and locally are frequented primarily by the following individuals:

- **Event Organiser and the employees/volunteers needed to run the event**
- **Athletes and their grooms (one groom per athlete)**
- **Medical emergency services (discipline specific)**
- **Officials and Stewards**
- **Family**

Equestrian Sport does not rely on gate takings or ticket sales for the viability of the event, except for the SA Derby. As will be expanded upon below our equestrian facilities and showholding bodies have the ability to safely manage and account for each person on site at each event and will employ restrictive measures to control the number of participants and attendance. A core feature of this management will be the ability to generate a comprehensive list of patrons in order to undertake swift contact tracing.



## INFORMATION TECHNOLOGY IN EQUESTRIAN

Across our Disciplines the following Information Technology solutions are employed to ensure safety and minimise risks.

### SAFETY BENEFITS

- ✓ Online entries
- ✓ Online entry payment
- ✓ Restricted entries for social distancing
- ✓ Publishing of the programme of events including competition riding times per individual with safe intervals between riders
- ✓ Results published online
- ✓ Prize money paid online
- ✓ No cash, credit cards, or queuing
- ✓ Staged arrival and departure, to remove pressure on parking
- ✓ Payment of staff in advance, less work for staff on the day of the event





# Chapter 4

## Specified purpose equestrian venues

Equestrian Sport activities are held at purpose built facilities throughout South Africa and at large outdoor venues or farms for the disciplines such as Eventing, Endurance and Competitive Trail Riding. These venues are privately owned premises and are not public spaces. As such, in the context of management of agreed standards, same are consistently applied before, during and after events in tandem with the specified affiliate disciplines protocols as outlined below.

Training of equestrian athletes is done either at the venues above or at stable yards/ riding schools where stringent Covid-19 regulations are followed.

The SAEF have agreed to these consistent protocols to:

- **safeguard the health of individuals**
- **to minimise the amount of time in attendance**
- **to ensure that minimal contact between attendees at the facilities**
- **to ensure maximum compliance to the Department of Health guidelines.**

Please find a list of some of the venues who will be hosting shows and events in the 9 Provinces.

These venues will comply to all the regulations and will be overseen by their various disciplines.





# Chapter 5

## COVID-19 Compliance Officer

### At each show, event or training facility

**The SAEF has already appointed an accredited Risk Assessor to conduct online courses with certification for all our Compliance Officers.**

This section is intended to outline the role and duties of a COVID-19 Compliance for all disciplines in line with the Government's recommendations to monitor Social Distancing.

It is important that the right candidate is appointed/ selected as a COVID-19 Compliance Officer.

Disciplines must assess how many COVID-19 Compliance Officers are required depending on size, environment, number of participants to be monitored. Show holding bodies, Stable yards and Riding Schools must do the same. Details must be communicated to the SAEF.

Social distancing compliance is the responsibility of everyone.









Details of the assigned COVID-19 Compliance Officer to be communicated in the case of shows or events:

- On the Discipline Show Notices and the Show schedules.

In the case of training at stable yards, riding schools or equestrian venues

- Communicated to these athletes

### ROLE OF A COVID-19 COMPLIANCE OFFICER

-  The role of a COVID-19 Compliance Officer is to monitor activities to ensure social distancing and hygiene are being maintained to protect health and reduce the spread of the COVID-19 virus.
-  These key personnel should be clearly identifiable onsite with a distinguishable high visibility vest with COVID-19 Compliance Officer written on them, similar to the illustration provided below.
-  The person undertaking the role must receive training in what the role will entail.
-  Ensuring compliance to the 2m social distancing rule and good hygiene is not the sole responsibility of the COVID-19 Compliance Officer but ALL individuals
-  Must be supported by all stable yards, riding schools, Event Organisers & Showholding Bodies.
-  A COVID-19 Compliance Officer must not put themselves at risk while carrying out their duties.
-  The Compliance Officers must have a structure or framework to follow within the organisation to be effective in preventing the spread of COVID-19.
-  This structure must be regularly audited and managed to ensure it works and protects all onsite. Failure to take it seriously could result in an outbreak of COVID-19 onsite.

## RESPONSIBILITIES OF A COVID-19 COMPLIANCE OFFICER

COVID-19 Compliance Officer's responsibilities and duties fall broadly into 2 categories:

1. Proactive day to day duties
2. Reactive emergency duties

### 1.

## PROACTIVE DAY TO DAY DUTIES

### PROACTIVE DAY TO DAY DUTIES OF A COVID-19 COMPLIANCE OFFICER

-  Being a constant onsite presence to monitor compliance with social distancing of 2 metres between all participants. In instances where there is non-conformance with social distancing the COVID-19 Compliance Officer is to intervene.
-  Maintain a log of regular monitoring of COVID-19 controls on site.
-  Ensure there is sufficient up to date signage erected onsite to educate all personnel and individuals about the Covid-19 controls on site.
-  At all times promote and coach good hygiene practises.
-  Ensure regular cleaning of welfare facilities, handrails, door handles, etc. is undertaken.
-  Ensure hand wash liquid/soap and hand sanitisers are replenished as required.
-  Check hot water and hand drying facilities are available onsite.
-  Ensure individuals wear masks.
-  Ensure any COVID-19 concerns raised by individuals be attended to by the COVID-19 Compliance Officer.
-  Ensure that individuals are scanned and temperatures are recorded
-  Report any areas of non-compliance to site management and ensure these are addressed.
-  Consider provision of additional controls for exceptional circumstances.
-  Keep up to date with the Department of Health and WHO guidelines.

## 2. REACTIVE EMERGENCY DUTIES

### REACTIVE COVID-19 COMPLIANCE OFFICER DUTIES

While the main role of the COVID-19 Compliance Officer is to prevent the spread of COVID-19 onsite, there is the potential where an individual onsite may experience COVID-19 symptoms and where the COVID-19 Compliance Officer needs to react.

#### IN A REACTIVE POSITION, THEIR RESPONSIBILITIES INCLUDE:

- ✓ Informing Event Organisers if there is a confirmed case or if they have been made aware of an individual with COVID-19 symptoms.
- ✓ Isolating an individual with symptoms in an isolation room/segregated area away from other personnel.
- ✓ Following site protocol for individuals with COVID-19 symptoms. (i.e. send home, inform them to contact GP).
- ✓ Assisting in contact tracing should there be a confirmed case of COVID-19.





# Chapter 6

## Training protocols

### TRAINING OF EQUESTRIAN ATHLETES – ALL DISCIPLINES

REGARDLESS OF  
THE EQUESTRIAN  
DISCIPLINE AN  
ATHLETE COMPETE  
IN, THE  
FOLLOWING  
MANDATORY  
STANDARDS WILL  
BE APPLIED:

- Erection of permanent signage posted at entrances as well as at critical points.
- Participants and attendees will be required to wear masks.
- A Covid-19 Compliance Officer must be appointed by the yard or venue where training is accommodated.
- The COVID-19 Compliance Officer will have the responsibility of policing social distancing and will act with the full authority of the venue owner.
- The Compliance will keep a register of individuals entering the premises. Information that need to be recorded are as follows:
  - Name, Surname and Contact Number
  - Time of arrival and departure
  - Temperature of individual
  - Is the individual wearing a mask
- Should temperature taken on arrival be 38°C and above, then person must be taken to an isolation room/space identified to hold any symptomatic person found at the venue while awaiting transport to a medical facility.
- It will be made clear that at the time of entry that any person displaying symptoms associated with Covid-19 (Fever, Cough, Shortness of Breath or Breathing Difficulties) or people who are considered in a high-risk group should not attend.
- All athletes who train simultaneously must adhere to strict social distancing and keep horses at least 2m apart.
- All tack must be handled by the individual and cleaned. No sharing of tack is allowed.
- Parking spaces will be pre-allocated at the time of entry where possible.
- A minimum distance of **5m** should be observed between vehicles.
- Social distancing marks should be indicated on ground where applicable. E.g. toilettes.
- Catering facilities will not be made available until further guidance from Department of Health is issued and that participants must be notified of this at the time of entry.
- Hygiene Stations prepared with spray bottles of disinfectant, paper rolls, etc.



# Chapter 7

## Covid-19 Daily Assessment Screening Questionnaire



### COVID-19 DAILY SELF ASSESSMENT SCREENING QUESTIONNAIRE (to be handed in at the access point and/or completed at the access point)

If you answer YES to any of the symptom questions you may not continue with training or compete in a show or event, if you do you will not be permitted to enter the training facilities or show/event.

Name of SAEF Member Rider/Official/Admin	
SAEF number	
Email Address	
Contact Number	
Physical Address	

Do you have any of the following symptoms?		
Fever (high temperature)	Yes	No
Cough	Yes	No
Sore throat	Yes	No
Shortness of breath	Yes	No
Myalgia (general weakness)	Yes	No
Loss of taste (ageusia)	Yes	No
Loss of sense of smell (anosmia)	Yes	No
Body aches	Yes	No
Redness of the eyes	Yes	No
Nausea/vomiting/diarrhoea	Yes	No

I hereby certify that the information I have provided in this form is complete, true and accurate and I give permission to the South African Equestrian Federation to validate any information provided.	
In line with the Protection of Personal Information Act, you are required to give permission for the SAEF to check the accuracy of any information provided. Should it become apparent that the information you have provided is false our disciplinary procedures and processes will apply.	
Signature	
DATE	



# Chapter 8

## Specified Protocols on the Return to Safe Competitions

### REGISTERED/AFFILIATED SHOWS BEHIND CLOSED DOORS (NO SPECTATORS WILL BE ALLOWED)

#### All non-contact SAEF Disciplines

##### COVID-19

All SAEF disciplines are adhering to the Government preventative measures. The Government Guidelines are published on our website, in a newsletter and on social media for our members.

##### CONTACT TRACING

Contact tracing is easily done within our disciplines as all entries and member/support information is online.

##### MITIGATION MEASURES

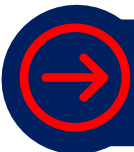
We have risk assessed our sport, to identify social distancing issues, and put in place a mitigation plan to reduce the risks of contact, and an appropriate programme for cleaning and disinfecting.

Appropriate signage in place. See last page of submission.

##### RESUMPTION OF SPORT



**ALL DISCIPLINES ARE OUTDOOR SPORT**



**ALL OUR DISCIPLINES ARE NON-CONTACT SPORT**



**ALL EVENTS WILL TAKE PLACE BEHIND CLOSED DOORS AND  
NUMBER OF PEOPLE ON SITE RESTRICTED**



# Chapter 9

## Risk assessment for decontamination of equipment

### 1 RISK ASSESSMENT FOR DECONTAMINATION OF EQUIPMENT

#### 1.1 CATEGORY OF RISK

Risk	Examples	Method
<b>Low</b>	Items in contact with skin: <ul style="list-style-type: none"> <li>• Furniture</li> <li>• Washing bowls/buckets</li> <li>• Show jumps</li> <li>• Arenas or grounds</li> </ul>	<b>Cleaning</b> Detergent and warm water Rinse and dry
<b>Medium</b>	Items potentially in contact with mucous/membranes/ bodily fluids: <ul style="list-style-type: none"> <li>• Radios</li> <li>• Microphones</li> <li>• Stop Watches</li> <li>• Handrails</li> <li>• Counter tops</li> <li>• Washroom/toilet areas</li> <li>• Litter/Waste Bins</li> </ul>	<b>Clean and Disinfect</b> Washer disinfectant or chemical (sodium hypochlorite) Rinse and dry  or  Disinfectant wipes
<b>High</b>	Item in contact with break in skin: <ul style="list-style-type: none"> <li>• Not applicable</li> </ul>	<b>Single use or clean and sterilise</b>

#### 1.2 METHODS OF DECONTAMINATION

PROCESS	DEFINITION
<b>Cleaning</b>	The process which physically removes contamination but does not necessarily destroy germs. Cleaning using neutral detergent removes germs and the organics material from a surface on which they thrive.  First steps for decontamination is adequate cleaning of the device or surface to ensure effective disinfection or sterilisation can subsequently be carried out. Organic residue may prevent the disinfectant from having contact with the item being processed and inactive chemical disinfectants.
<b>Disinfection</b>	A process used to reduce the number of viable germs to a level where they are unlikely to be a danger to health but which may not necessarily inactivate some agents, such as some viruses and bacterial spores
<b>Sterilisation</b>	A validated process, that is used to render a product sterile by achieving the complete killing or removal of all types of germs including viruses and spores.



### 1.3 CLEANING PRINCIPLES

The following basic principles should be adhered to:

- Cleaning is not all in the solution but also with the use of "elbow grease". The actual physical removal of micro-organisms is often as important as the effect of the agent used.
- Sanitiser sprays must have a minimum alcohol content of 70%.
- The neutral detergent used should also be measured out correctly as per manufacturer's instructions.
- Change water frequently as dirty water is ineffective for cleaning
- Buckets should be emptied after use, washed with detergent and warm water and stored dry

### OVERALL SUMMARY

The following bullet points summarise:

#### GENERAL

- Signage recommended by the Government must be displayed throughout the event premises in strategic areas (gates/entrance, show office, toilet/wash areas, stables, etc..)
- Contact details for everyone onsite will be provided IN ADVANCE when the athlete makes an entry
- Antibacterial gel and/or hand sanitising stations must be provided and readily available
- Toilet/washroom areas, door handles, handrails and other obvious points of contact must be disinfected at regular intervals
- Social distancing protocol must be observed at all times, particularly around the Secretary's Office, fence judge briefing or when dealing with an event official
- Radios/stop watches, microphones and timing equipment to be wiped with anti-bacterial wipes before given to officials
- Surgical/medical gloves to be available and used when appropriate
- Anyone displaying symptoms such as cough, cold, temperature or shortness of breath are requested in advance NOT to attend the event





# Chapter 10

## Guidelines for Equestrian Disciplines for Shows and Events

### Protocol and Guidelines for Equestrian Shows and Events

Outdoor sports venues are used for SAEF Events which allows for social distancing in all areas of a show or event. With open environments this also ensures for continual clear air flow. All venues will be inspected to ensure that Covid-19 Criteria and Protocols are followed. These checks will be done by Discipline Senior Officials with the relevant municipal (JOC) officials.

The following protocols and procedures have been put in place so that any SHB and events under the auspices of the disciplines of the SAEF can operate safely. The new style of events is the new normal event until such time as Covid-19 is no longer a risk as will be communicated by the South African Government.

#### General Starting points:

- ✓ 2 m for individuals social Distancing will be required throughout the Event/Show, as well as for riders on horseback.
- ✓ All riders will always be required to wear a mask, with the exception of when riders are on horseback.
- ✓ All other Individuals are to WEAR A FACE MASK whilst on the premises and to ensure they bring their own masks. (Riders to ensure their grooms are compliant)
- ✓ All entries will be done online, and no changes or additions will be made on the day.
- ✓ All riders to download the self assessment Covid-19 questionnaire and submit with online entry. Judges, officials, grooms to download this questionnaire and hand it in upon arrival at the event to the Compliance Officer.
- ✓ Specific individual time slots will be allocated on close of entries with specific durations determined by the various disciplines per horse and rider combination. Times will be available 48 hours before the event and available on the various discipline websites or FB pages.
- ✓ Signage will be placed around the venue to ensure everyone is aware of the current regulations, designated areas, and protocols at the events.
- ✓ There will be no hospitality sections and there will be no social events held and any communal places like a clubhouse/rest area/grandstands need to be closed off.
- ✓ Sanitization stations and rules to be applied
- ✓ There will be the maximum entries allowed for a show at the relevant venue.
- ✓ Designated parking areas and Horse box parking slots will be marked out in accordance with social distancing regulations (minimum of 5m between each parking).
- ✓ Riders are required to ensure their part in ensuring their transport and equipment is sanitized before and after each event.
- ✓ All surfaces at the venue to be wiped with disinfectant regularly.



# Chapter 10

## Guidelines for Equestrian Disciplines for Shows and Events

### Limited numbers:

- ✓ The Event will not be open to spectators
- ✓ A limited number of people will be allowed
- ✓ Rider to be accompanied two attendees. Where necessary additional groom/s to attend to horse/s. Welfare of the horse is paramount.

### Arrival:

- ✓ A detailed layout of the event or show, arenas and warm up areas or routes will be posted on social media. Competitions for each arena and warm up will be clearly mapped on the social media post / website. Toilets signs clearly visible on the map.
- ✓ On arrival at the venue, a parking attendant will check competitors against a start list, check the number of passengers/ grooms against the list and then competitors will be guided to a parking place. Only those pre entered will allowed admission.
- ✓ Parking distances will be 5 metres apart and show organisers' appointed Covid-19 Compliance Officer will be enforcing this.
- ✓ All riders are to ensure the Covid-19 Event forms and indemnity forms are submitted to the OC before arrival with correct information for themselves and every groom that will be attending the event with ID numbers and contact information. This is compulsory.
- ✓ Forms will include cell no, email and physical address for the rider and all grooms – the form will also state that these details will be shared with local public health authorities if any participant becomes ill with a suspected infectious disease for contact tracing purposes.
- ✓ An appointed Officer will be at the entrance of an event to record arrival and departure times, get individual's details, check temperatures and check for masks.
- ✓ Hand Sanitization will be available for all person's entering and departing the event, bathrooms, judges' boxes, and any other areas possible.
- ✓ No individual will be allowed access to the facility if they show symptoms of Covid-19 or who have been exposed to a person with Covid-19.
- ✓ Activities will be limited to the event – no lessons, no schooling of horses.
- ✓ All competitors will be advised to leave the venue as soon as possible after their competition. .
- ✓ No spectators are allowed.
- ✓ Competitors are advised to ensure their meals pre-packed with disposable bottles as per the regulations.



# Chapter 10

## Guidelines for Equestrian Disciplines for Shows and Events

### Officials:

- ✓ Organising Committee and officials to assist in monitoring areas.
- ✓ Sanitisation area to be set up outside the judges' box

### The Bathrooms:

- ✓ The Organising Committee is to provide staff to thoroughly clean bathrooms and common touch points throughout the day.
- ✓ Designated Line spacing at 2m to be provided should there be a queue to ensure social distancing.

### Prizegiving:

- ✓ There will be no prize giving.
- ✓ Results will be posted on disciplines' Facebook and website. Any prizes or prize money will be done via EFT.

### Medical Services:

- ✓ There will be an identified room/area where someone who is feeling unwell or has symptoms where they can be safely isolated and sent home.
- ✓ Medical plan to be provided by the Organising Committee.

### Stables:

- ✓ Should stabling be used - stable spaces between yards (no less than 1 stable in between) as well as Stable blocks to be allocated with social distancing guidelines in place.
- ✓ Stables for visiting horses if absolutely required need to be situated far from the competition arena where horses and grooms will be isolated from the other competitors.
- ✓ Athletes are to provide their grooms with disposable gloves to be used when filling water buckets and using the wash bays.



# Chapter 10

## Guidelines for Equestrian Disciplines for Shows and Events

### Arenas (if applicable):

- ✓ Venues can host either a 1 arena or 2 arena events. Should there be 2 arenas, the 2nd arena can be run slightly delayed from the first to with the same running order.
- ✓ 1-way zones for horses and riders to warmups and to arenas and back again.
- ✓ No loitering next to warm up or arena – Grooms must hold horses next to their transport.
- ✓ Only the competitor/s are allowed in the riding arena, or the field of play.
- ✓ A cooling down area will be provided- the warmup is NOT to be used for cooling down of horses.
- ✓ Number of horses controlled in warmups – if possible 2 warmups areas per arena.
- ✓ Signage of the relevant in each area.
- ✓ Course plans to be posted on the discipline websites the day before the event. Course walks for Showjumping and Eventing, are allowed. 2m Safe distances to be kept.
- ✓ Should there be more than 1 class per grade – these need to run one after the other to ensure riders do not have to stay around waiting.
- ✓ Starting times per class to be adhered to – so that riders do not have to estimate their class times and wait around.
- ✓ Each arena or course to have an IN an OUT gate to not have cross traffic.
- ✓ Hand sanitisation stations will be strategically placed throughout the venue.
- ✓ Stewards in the warmup arenas will spray each jump with disinfectant between each rider/group.
- ✓ For Showjumping, maximum of 200 rounds per arena in a day.



# Chapter 14

## Covid-19 Information Signs

### Coronavirus COVID-19



#### Social Distancing Outside

Spending time outdoors is good for our health. But social responsibility is essential for ALL our health.



**Avoid**  
close contact  
with others



**Distance**  
yourself at least  
2 metres away from  
other people



**Small group**  
sizes should be kept  
to a minimum



**Don't arrange**  
to meet up with  
other groups for a  
social gathering



**Avoid**  
an area if it looks very  
busy and go somewhere  
else for your walk

For Daily Updates Visit  
[www.sacoronavirus.co.za](http://www.sacoronavirus.co.za)



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## IMPORTANT

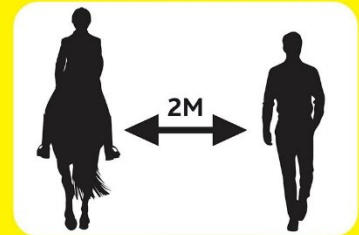


## TEMPERATURE SCREENING



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**PLEASE KEEP AT LEAST 2m  
BETWEEN YOURSELF &  
OTHERS ON FOOT &  
ON HORSEBACK**



**PLEASE RESPECT  
SOCIAL DISTANCING  
HELP PREVENT THE  
SPREAD OF COVID-19**



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**STOPPING THE VIRUS  
STARTS WITH YOU**



## WASH YOUR HANDS



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## WE ARE ALL IN THIS TOGETHER

protection  
commitment  
kindness  
information

are our arms against  
Covid-19



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## SAFETY FIRST



If you are  
experiencing  
flu like  
symptoms



Please use  
hand sanitizer



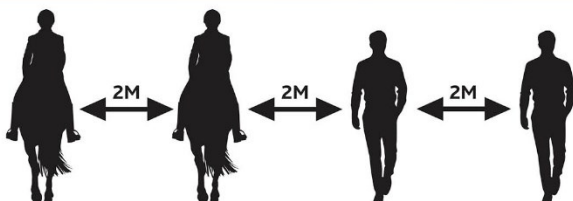
Wear a face  
mask



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## SOCIAL DISTANCING

**PLEASE KEEP AT LEAST 2m BETWEEN YOURSELF  
AND OTHERS ON FOOT AND ON HORSEBACK**



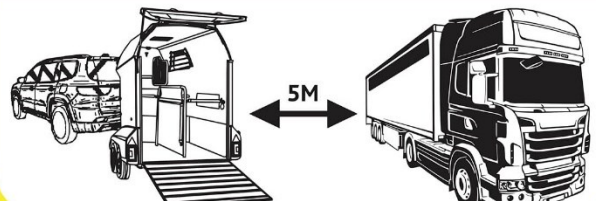
**HELP PREVENT THE SPREAD OF COVID-19**



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## SOCIAL DISTANCING

**PLEASE KEEP AT LEAST 5M  
BETWEEN ALL PARKED VEHICLES**



**HELP PREVENT THE SPREAD OF COVID-19**



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